

2018 National Championships Decathlon Structure, Format, and Rules

Version 1.1 / Last Amended 08/30/2017

- I. Overview

In order to encourage gender equality in the sport of gymnastics, we will be offering one division of Gymnastics Decathlon. This competition will be combination of Men's NAIGC Modified NCAA Level and NAIGC Women's Level 9, performed over 2 sessions. Each gymnast will be eligible for finals competition and awards in their primary discipline and will be eligible for shadow qualifications and shadow awards in the other discipline.
- II. Divisions
 - A. The 2018 NAIGC Decathlon will offer one division open to all NAIGC members.
- III. Levels
 - A. The 2018 NAIGC Decathlon will offer only one level of competition, a combination of Men's NAIGC Modified NCAA Level and NAIGC Women's Level 9.
- IV. Judging
 - A. All routines will be judged based on the rules for men's and women's Nationals competition rules.
- V. Schedule
 - A. Decathlon scores will only be based on performances during preliminary sessions; no Finals sessions will be offered for Decathlon.
 - B. Athletes will compete in separate sessions for Men's Modified NCAA and Women's Level 9.
 - C. Top performers will be recognized at the NAIGC Awards Ceremony.
- VI. Format
 - A. Competition will follow the format outlined for each individual discipline.
 - B. Individuals can qualify for Finals and participate in the team competition in their selected primary discipline only.
 - C. Decathlon scores will be calculated based on a formula where each event is weighted such that a female gymnast at a given level in women's gymnastics should score similarly in Decathlon to a male gymnast of a similar level in men's gymnastics. That formula is:
 $4*WAA + MAA$.
- VII. Competitions
 - A. Scope – Each of the numbers in blue is a placeholder that may be changed at any time up to the date of the National Championships to accommodate variance in registration or the distribution of individuals among Divisions and Levels. All changes will be announced before competition begins and posted on the NAIGC website.
 - B. All-Around Competition
 1. All-Around awards will be given to the top **three** combined point total scores from all the competitors registered for the Decathlon.
 - C. Individual Event Competition
 1. There will be no individual event competition in the Decathlon.
 - D. Team Competition
 1. There will be no team competition in the Decathlon.

VIII. Amendments

- A. This document may be amended by the NAIGC Board of Directors at any time.
- B. Within Section VII, any of the numbers in blue may be amended by the NAIGC President or Men’s or Women’s Rules Spokesperson.

Document Revision History

Version / Date	Author	Change/Reason
1.0 / 12/08/2016	Julia Sharpe	Policy created
1.1 / 08/30/2017	Karen Heilman	<ul style="list-style-type: none">● Minor wording clarifications● Changed recognition from “Banquet on Saturday” to “Awards Ceremony” to allow more flexibility.● Changed “Each gymnast must select a primary discipline for which they will be eligible for Finals and awards.” to “Each gymnast will be eligible for finals competition and awards in their primary discipline and will be eligible for shadow qualifications and shadow awards in the other discipline.”
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